

# ANZPA CONFERENCE 2009

DUNEDIN, NEW ZEALAND

JANUARY 22-26

Hutia te rito o te harakeke  
Kei hea te komako e ko?  
Ki mai ki ahau  
He aha te mea nui o te Ao?  
Maku e ki atu  
He tangata he tangata he tangata.

*If the centre of the flax is pulled out,  
From where will the bellbird sing?  
You ask me, what is the most important thing in the world?  
It is people, it is people, it is people.*

**A conference for social atom repair in ourselves  
and social repair in our communities.**



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Website: <http://conf.anzpa.org>

We invite you to join us in Dunedin this coming January to explore together the opportunities, means and consequences of promoting social atom repair in individuals, and social repair in our communities. At this conference we trust you will be sustained, stimulated and replenished by a wide variety of presentations and workshops, and by taking your place in the ANZPA community.

The ANZPA Conference 2009 Organising Committee

## CONFERENCE INFORMATION

### Conference Guest

Our conference guest José Fonseca, psychiatrist and author from São Paulo, Brazil, will give a presentation titled "Inclusion-exclusion in the life and work of J L Moreno". He will also facilitate a post conference workshop on Relationship Psychotherapy.

### Focus on Brazil

Psychodrama in Brazil has had its own unique history and life. Stories, both personal and political, will provide the means to encounter our cultural differences and help us to appreciate the shape and style of psychodrama culture in Brazil. We will finish the evening off with a celebration of culture and dance.

### Dinner Dance

The dinner dance is a ball at Larnach Castle on the Otago Peninsula. We will be transported by bus together to enjoy the grandeur of the castle and the vista it commands. Come for a night of ritual and celebration.

### Late Night Jam Sessions

Join around the piano late at night, bring your instruments, singing voice or tapping shoe or sit back with a glass of refreshment. Let us know if you would like to borrow an instrument rather than travel with yours. We will not be running a bar, but you are welcome to bring your own refreshments or buy from the local supermarket, just a block away.

### ANZPA Annual General Meeting and Life of the Association

This is a day of celebration, reflection and robust encounter as we put into practice the principles of spontaneity and creativity to develop a thriving association.

### Accommodation

Accommodation is at a student hostel: Salmond College, 19 Knox St, Dunedin. You will be housed in comfortable individual rooms with shared facilities. There are a small number of double rooms available.

### Meals

All meals are provided during the time of the conference. Those staying on for the post conference workshops will need to organise their own meal for Monday night. There are several eating places close to Salmond College.

### Registration Desk

The registration desk will be open from 1pm to 4.30pm on Thursday 22nd; the conference opening will begin at 5pm sharp.

### Weather

Weather in Dunedin in the summer can be changeable, ranging from cooler days at 15°C to a summery 30°C. Those of you from warmer climes especially should consider this in your packing.

### Transport

We recommend you catch a shuttle from the airport to the venue, this will cost approximately \$25.

### Day Registrations

Day registrations are available on Friday and Saturday. These include morning and afternoon sessions and lunch.

### How to Register

This year we are offering the option of online registration. To register online, go to <http://anzpa.org/conference/registration>

You can also register by filling in the enclosed form and mailing or faxing it to us, or by downloading the form from the website and emailing it to [confregistrar@anzpa.org](mailto:confregistrar@anzpa.org). Details of how to pay are on the back of the form.

For more information see <http://conf.anzpa.org>

## PRE AND POST CONFERENCE WORKSHOPS

More information about these workshops is available online at <http://conf.anzpa.org>

### Pre-Conference Workshops

The workshop fee includes lunch and dinner on Wednesday and lunch on Thursday. The workshops will begin at 9:30am on Wednesday 21st, and will conclude at 4pm on Thursday 22nd.

### Post-Conference workshops

The workshop fee includes lunch and dinner on Tuesday and lunch on Wednesday. The workshops will begin at 9:30am on Tuesday 27th, and will conclude at 4pm on Wednesday 28th

#### Pre-conference workshop 1

##### Breathing life into psychodramatic techniques

Workshop Leader: Dr G. Max Clayton

In this workshop we will work together to increase your capacity for producing role reversals with feeling and greater meaning, warming up individuals through confidently interviewing for role, maximizing expression with ease, and acting as an intelligent double.

The methods employed will include teaching, coaching, demonstration and supervised practice. Max is looking forward to being with you.

This workshop will include an evening session on Wednesday 21st.

Max is an experienced clinician, individual and group supervisor and trainer, working intensively in this field for many years. He is the author of several books on psychodrama. Max is a Psychodramatist, Trainer, Educator and Practitioner (TEP) and a Distinguished Member of ANZPA.

FEE \$460 NZD

#### Post-conference workshop 1

##### Relationship psychotherapy: a minimalist psychodrama

Workshop Leader: José Fonseca, M.D., Ph.D.

Relationship psychotherapy is a minimalist version of classical psychodrama. The relationship psychotherapist is a blend of psychodrama director and auxiliary ego - a therapist-actor, so to speak. Presently relationship psychotherapy is utilized in both individual and group psychotherapy. Relationship psychotherapy aims to create a ludical (playful) therapeutic space that connects with the zone between the inside and the outside, between the conscious and unconscious: the spontaneous-creative space of the Moreno's co-conscious and co-unconscious.

This workshop does not include an evening session.

José Fonseca, M.D., Ph.D. (University of São Paulo School of Medicine) is a psychiatrist and psychotherapist, a professor-supervisor of the Brazilian Federation of Psychodrama, a psychodrama trainer at the São Paulo Psychodrama Society and coordinator of the Daimon-Center for Relationship Studies. José is one of the pioneers of the Brazilian psychodramatic movement and is a founder of the Brazilian Federation of Psychodrama. He is the author of three books on psychodrama in Portuguese and English.

FEE \$500 NZD

#### Pre-conference workshop 2

##### The emerging voice

Workshop Leader: Hilde Knottenbelt BA, Dip Ed, Dip Shiatsu, Psychodramatist

The ways in which we use our voices and tune into the voices of others can significantly inform and affect our work as psychodrama practitioners, auxiliaries, protagonists and trainee directors. Developing ease with singing and voice in our work as practitioners can lead to interventions which may include spontaneous expression through singing, the use of songs, vocal doubling and coaching, and role analysis informed by shifts in vocal quality.

There will be psychodramatic vignettes, vocal improvisations, and a working with the emerging themes of the group through song and spoken word. This workshop does not include an evening session.

Hilde is on the teaching staff of the Australian College of Psychodrama and the Melbourne Institute of Experiential and Creative Arts Therapy. She has a private practice in Voice Work and Counselling.

Recommended pre-reading:

Reith Lectures 2006 available from

<http://www.bbc.co.uk/radio4/reith2006/>

FEE \$400 NZD

#### Post-conference workshop 2

##### Cutting the sociodramatic cloth to fit the context in family, organisational and community settings

Workshop Leader: Elizabeth (Diz) Synnot

This workshop is for those currently working, or anticipating working, to enhance the functioning of groups and communities.

Participants can anticipate being active in forming a collegial work group that touches us deeply and provides opportunities for personal work to expand our professional capabilities, expands our contributions to the groups and social systems of which we are a part, and increases our capacity to present our professional identity in a range of ways, in the face of being conceived of as a facilitator, mediator or management flunky.

This workshop includes an evening session on Tuesday 27th January

Elizabeth (Diz) Synnot has thirty years experience working as a sociodramatist in large public sector organisations, small private/family businesses, indigenous communities and urban communities. She is a trainer in psychodrama and is the Director of Community and Organisational Development at the Moreno Collegium for Human Centred Research, Education and Development.

FEE \$430 NZD

## ANZPA Conference 2009 Presentations

Margie Abbott	'Let the bellbird sing': relishing the richness of ritual within psychodrama
Paul Baakman	Turning the tide
John Barton	Social atom repair in the one-to-one session; a walk down memory lane with the little people
Max Clayton	Remaining centred and still as a working psychodramatist
Jo-Anne Colwell	Babushka dolls and an exploration of internal roles
Kate Cooke	Empathic attunement and play: social atom repair with people who have a diagnosis of Borderline Personality Disorder
Phillip Corbett	Improvisational drama exercises to develop authenticity in auxiliary work
Annie Currie	Claiming your turangawaewae
Joan Daniels	Counselling and supervision using role theory when there are no auxiliaries
Tony Densley	Thriving and surviving in postmodern organizations when the bastards really are out to get you
John Faisandier	Social repair at work. The TUF: Thriving Under Fire programme for workplace training
Annette Fisher	The use of the double for social atom repair
Tim Gartside	Troubadours of the sphere – mobilising the spirit in our organisations
Haydn Gibson	"My karma ran over your dogma" – using dreams for social atom repair
Jacqui Gough	Childhood creativity and social atom repair
Claire Guy	Writing on the wall: creative writing as a vehicle for personal and family social atom repair
Brigid Hirschfeld	A song, a book and a poem: working with social atom repair in individual therapy
Bev Hosking	A book group
Neil Hucker	Through the mind's eye. Directing imaginary psychodrama
Neil Hucker	The magic shop
Diana Jones	The sociometrist's view of the social and cultural atom at work
Charmaine McVea	Harnessing the social investigator to produce thought-provoking research
Charmaine McVea	Protagonists' experiences of healing from emotionally painful experiences
Jane Maher	Taking time to explore the roller coaster of parenting adolescents
Tim Mapel	Bringing greater awareness to our work
Jean Mehrtens and Jo-Anne Colwell	Psychodrama and CBT
Don Reekie	Social atom at its source: the place where spontaneity meets role
Marcel Saxone	The application of psychodrama with clients referred by GPs under the Medicare Mental Health Plan
Katerina Seligman with cultural support from several Māori members of Ohomairaki	Tikanga e rua
Elizabeth Synnot	Being vital in old and familiar contexts
Vivienne Thomson	Intersections of inspiration
Sandra Turner & Faye Gorman	From where will the bellbird sing? Social repair in a community devastated by multiple teenage suicides
Philippa van Kuilenburg	The more we are different the more we are the same
Cher Williscroft	Repairing communication breakdowns
András Zánkay	Creative relationship - the creation of a relationship